

MontfortCare



ANNUAL REPORT
FY2025/2026

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ABOUT US

Montfort Care is a social service agency committed to uplifting individuals, families, and communities through our network of services and programmes. Since our establishment in 2000, Montfort Care has been guided by our purpose, inspired by St Louis-Marie de Montfort: “Those whom the world rejects must move you the most.”

Today, Montfort Care provides five core services – Anti-Violence, Family Service, Mental Health, Caregiving, and Eldercare – supporting children, seniors, caregivers, and families through early intervention, community-based support, and partnerships.



*“Those whom the world rejects
must move you the most.”*

St Louis-Marie de Montfort

CHAIRMAN MESSAGE

STEWARDING WHAT ENDURES

Twenty-five years is a significant milestone for Montfort Care. It is an opportunity to celebrate how far we have come, to give thanks to those who have journeyed with us, and to reflect on the responsibility we carry as we look towards the future.

Over the past quarter century, Singapore has changed in many ways. Families face new realities, communities have become increasingly diverse, and social challenges are more interconnected than ever before. These changes call for organisations that are responsive, collaborative and prepared to evolve. Through it all, the purpose of Montfort Care has remained steadfast.

Teo Hong Lim

Chairman





For the Board, stewardship extends beyond governance and organisational oversight. It is about safeguarding the mission entrusted to Montfort Care, ensuring the organisation remains relevant, resilient and worthy of the trust placed in us by those we serve, our partners, donors and the wider community.

That responsibility is shared by many. It is reflected in the dedication of our leadership, the commitment of our staff and volunteers, and the generosity of our partners and supporters. Together, they have built an organisation that continues to make a meaningful difference in the lives of individuals, families and communities.

As we celebrated our Silver Jubilee this year, we were reminded that enduring organisations are built not by any one individual or generation, but through shared purpose, responsible stewardship and a willingness to keep learning as society continues to evolve.

On behalf of the Board, I extend my sincere appreciation to everyone who has been part of the journey of Montfort Care over the past 25 years. Thank you for your trust, your partnership and your belief in our mission.

As we enter our next chapter, we do so with confidence in the strong foundation that has been built, and with optimism for all that we can continue to accomplish together.

CEO MESSAGE

When I look back at what we have achieved over the past financial year, one truth stands out: very little of it happened in isolation. The ideas we pursue, the programmes we build, and the communities we walk alongside are continually shaped by those who choose to partner with us, challenge our thinking, and explore what is possible together.

This year, we focused on expanding and deepening our partnerships with corporate organisations, with the objective of strengthening our support for those in need. Singapore Airlines (SIA) is one such partner, providing more than 100 volunteers who assist us with making home visits, being companions to our clients, and providing our employees with insights into the capabilities of SIA. DP Architects (DPA) has also continued to partner with us beyond its role as the architect for Goodlife Studio, our Active Ageing Centres (AAC). In September 2025, DPA and Montfort Care signed a Memorandum of Understanding (MOU) under which DPA employees volunteer their time twice a week to support our programmes and clients.

Han Yah Yee

Chief Executive Officer



We invited Lien Foundation to co-create with us our first underground AAC at Marine Parade MRT. Situated within an underground transit network, this means that seniors can enjoy this studio without being limited by its location. This studio will focus on communities that are often hesitant to be visible and are seeking a more inclusive environment.

Within our organisation, we have dedicated the year to reflecting on our mission, purpose and the values that have guided us over the past 25 years. We took a pause on expansion to allow ourselves to calibrate the future of work, the needs of future clients and how we will continue to be relevant to the communities we support.

As we look ahead, Montfort Care remains committed to breaking new ground in community-based care. There is more to explore, and we invite you to be part of what comes next. If you see an opportunity to collaborate or have an idea to explore with us, we would be glad to hear from you at ceo.office@montfortcare.org.sg. Together, we can turn shared possibilities into meaningful and lasting change for the community.

"Those whom the world rejects must move you the most."

St Louis-Marie de Montfort



OUR BOARD OF DIRECTORS

MR TEO HONG LIM



**REVEREND YEO KOH
TUAN KIOK DOMINIC**



**MR NG BENG TECK
SAMUEL, BBM**



MS HAN JING XIENG



**MR JONATHAN
PETER LAU**



MR LEE KIM HUA



**MS CHOW LING
CHAIMAINE ANNE**



MR LAM MENG CHON



MR HOUL LEE



**MR LIM TING HONG
(LIN TINGFANG)**



DR SYLVIA MUN



DR TAN WENG MOOI



OUR PRESENCE IN SINGAPORE



OUR PROGRAMMES AND SERVICES

MontfortCare Anti-Violence

Montfort Care Anti-Violence protects children and strengthens families through early intervention and child protection services. Working closely with families, schools, communities, and government partners, we provide timely intervention, family support, and coordinated care to ensure children grow up in safe, stable, and nurturing environments where they can thrive.

MontfortCare Family Service

Montfort Care Family Service supports individuals and families to navigate through life transitions toward resilience and stability. Through our Family Service Centres (FSCs) and programmes including Strengthening Families Programme (FAM), KidSTART, and Families for Life @ Community (FFL), we provide counselling, practical support, and parenting resources to help families thrive at every stage of life.



MontfortCare Mental Health

Montfort Care Mental Health supports individuals and their caregivers on their journey towards resilience and well-being. Through therapy, counselling, case management, and community outreach, our Community Intervention Team (COMIT), Community Outreach Team (CREST), and Post-Diagnostic Support Team (PDS) connect individuals with timely care, practical support, and community resources, helping them navigate mental health challenges and dementia with greater confidence.

MontfortCare Caregiving

Montfort Care Caregiving partners caregivers and their families throughout the caregiving journey, enabling them to care sustainably while leading meaningful lives. Our caregiving services, including JiaYou - Senior & Caregiver Hub, provide practical assistance, education, and emotional support to build caregivers' confidence and equip them with the knowledge and resources to care for their loved ones.

Goodlife by MontfortCare

Goodlife by Montfort Care empowers seniors to age with purpose in the community. Through thematic activities at Goodlife Studio and shared meals at Goodlife Makan, we create opportunities for meaningful participation and social connection. Complementing these community-based programmes, Goodlife At Home supports seniors to age in place through Enhanced Home Personal Care (HPC+), HomeBathing, and Community Case Management (CCMS).



IMPACT



1,200

Children kept safe
and supported



3,321

Families supported through
transitional challenges



6,761

Beneficiaries served with mental
health support



1,202

Caregivers empowered by
comprehensive support



646

Baths conducted for bedbound
beneficiaries



12,504

Individuals reached through
mental health outreach efforts



11,725

Seniors served across the island



611

Active volunteers engaged in
community work



YEAR IN REVIEW

CELEBRATING 25 YEARS OF PURPOSE, PEOPLE AND POSSIBILITY

In 2025, Montfort Care celebrated our 25th anniversary, a moment to reflect on how far we have come and, more importantly, who we have become. What began as a single Family Service Centre has grown into a diverse social service agency supporting children, youth, families, seniors, caregivers, and individuals across every stage of life's journey. While our services have evolved alongside changing community needs, our purpose has remained constant.



Our anniversary celebrations culminated in a gala dinner on 5 September 2025, where more than 220 board members, partners, donors, volunteers, and stakeholders came together to celebrate a shared journey spanning a quarter century. More than a celebration of milestones, the occasion honoured the relationships, trust, and collective commitment that have enabled Montfort Care to grow from strength to strength, creating meaningful and lasting impact across the communities we serve.

The year also marked an important milestone for Goodlife Studio. In November 2025, Goodlife Studio launched three new themed Active Ageing Centres in Tampines: Family Studio, Mixologist & Gym Lab, and Noodle Lab. Together with our existing themed studios, these future-ready Active Ageing Centres create vibrant spaces where seniors can continue learning, build meaningful relationships, discover new interests, and contribute actively to their communities. Graced by Minister for Social and Family Development, Mr Masagos Zulkifli, the launch attracted strong community interest and underscored our commitment to reimagining what active ageing can look like in Singapore.





Throughout our anniversary year, we also celebrated the people who have made our journey possible. From staff whose compassion brings our mission to life each day, to volunteers, donors, community partners, and supporters who have walked alongside us over the past 25 years, every milestone has been built on a shared belief that no one should face life's challenges alone.

As we begin this next chapter, we do so with gratitude for the journey that has shaped us, confidence in the values that guide us, and a renewed commitment to journey alongside the communities we serve in the years ahead.



CARING ACROSS EVERY STAGE OF LIFE

The work we do at Montfort Care touches people's lives at every point of the human journey, from protecting young children to empowering teenagers, from supporting individuals and families in need, to walking alongside caregivers, and celebrating the dignity of our seniors. The needs may differ, but our work remains centred on supporting people and communities through the moments that matter.



Building an Ecosystem of Care

Meaningful impact cannot be achieved if we work in silos. Therefore, this year, our service pillars have continued to invest heavily in cross-agency collaboration, professional exchange, and community network building.

The Montfort Care Child Protection Specialist Centre (CPSC) team deepened ties with school counsellors and co-delivered protective behaviours training with Safe and Strong Families agencies. These partnerships strengthened cross-sector collaboration, enabling earlier identification of child protection concerns and more coordinated support for children and families.

At the Family Service level, our Family Service Centres (FSCs) initiated regular engagement and networking sessions with partners across the South Central community to deepen collaboration, strengthen community partnerships, and deliver a more seamless, coordinated support experience for families and individuals. Beyond improving support on the ground, these collaborations also contributed to wider sector efforts. Our Family Service team from Telok Blangah partnered with the Ministry of Social and Family Development (MSF) across six homeless outreach sessions, contributing to Singapore's national data on rough sleeping and strengthening the evidence base for future interventions.



For the Caregiving sector, our Caregiving team continued to empower community Care Navigators and Silver Guardian Ambassadors. By equipping these individuals with the knowledge to spot caregiving needs, provide peer support, and connect people to the right resources, we extended our reach far beyond what our staff alone can achieve. The goal is that help finds those who need it earlier, in the spaces they already inhabit, and through the faces they already trust.

Growing Skills, Building Resilience at Every Age

One of the most consistent themes across our work this year was the deliberate investment in people's capacity, partnering them to navigate their own lives, regardless of age or circumstance. It is our belief that when people are given the right support and space, they can grow and flourish.

FOR CHILDREN

This meant learning from our Child Protection team to recognise unsafe situations (*Little Protectors*), building digital safety habits (*Guardians of the Digital Galaxy*), and developing social-emotional competencies (*The Courage League*) with our Family Service team. For teenagers, it meant having honest conversations on identity, consent, and coping (*Safe-Tea, Safe-Teens*) with the help of our Child Protection team. Through the *Science for Youth* programme, children and their caregivers were given the opportunity to explore science together through hands-on activities at Science Centre Singapore, strengthening family bonds while fostering curiosity and learning.



FOR FAMILIES

Our Family Service team at Marine Parade engaged and equipped participants with mindfulness tools to ground themselves in a fast-paced world.



FOR CAREGIVERS

It meant the Caregiver Workbook Workshop, which brought together participants from Goodlife Studio to reflect, share, and build peer networks that sustain caregiving for the long haul.



FOR SENIORS

Skill-building this year took particularly creative forms. At Goodlife Studio (Tiong Bahru), seniors trained as portrait photographers and went on to volunteer their skills at other studios.

Seniors at Goodlife Studio (Telok Blangah Towers) co-created and performed *Where's Hilda?*, an original theatre production drawn from their own lived experiences and time at the studio. Seniors at Goodlife Studio (Bukit Purmei) trained for and competed in the Seniors National Games, achieving 1st place in their zonal heats and 3rd place nationally.

Every skill learned, every boundary understood, every story told on a stage or captured through a lens are not small feats. They are the quiet evidence of people stepping more fully into their own lives, and reminders why this work matters to us.

Continuing the Quiet Work of Mental Health

Mental health challenges are often described as a silent disease – unseen, misunderstood, and frequently carried in private. Yet behind every conversation started, every caregiver supported, and every individual connected to help, lies a network of dedicated professionals and community partners working quietly but consistently to make a difference.

Throughout the year, Montfort Care continued to strengthen community mental health support through outreach, caregiver empowerment, partnership building, and early intervention efforts. Guided by the belief that mental well-being is a shared community responsibility, our teams worked alongside healthcare institutions, grassroots organisations, educational institutions, and community partners to bring support closer to where people live and seek help.

A key focus of the year was equipping communities with the confidence and skills to recognise and respond to mental health challenges. This commitment was brought to life during our World Mental Health Day event, “See the World Through My Eyes”, an immersive community experience that invited participants to better understand how every mental health journey is shaped by unique life experiences. Through experiential booths, a curated gallery, and forum theatre, the event encouraged participants to listen without judgement, reflect with empathy, and recognise that creating a mentally healthy community is a shared responsibility. Together, these efforts helped reduce stigma, encourage help-seeking, and strengthen a culture of care so that no one needs to deal with mental health challenges alone.





Recognising the vital role that caregivers play in supporting loved ones with mental health needs, our Caregiver team also expanded efforts to strengthen caregiver resilience. Programmes such as Caregiver Recharge+ provided opportunities for caregivers to learn, reflect, and connect with one another through psychoeducation, groupwork, and peer support. By creating safe spaces for sharing experiences and building mutual support networks, caregivers were better equipped to navigate the emotional demands of their caregiving journeys.

Our Goodlife team further championed the mental well-being of seniors and vulnerable residents by creating opportunities for them to stay mentally active, socially connected, and engaged in their communities. Working alongside partners, Goodlife delivered initiatives including cognitive stimulation activities that encouraged active ageing, strengthened social connections, and supported participants' overall well-being.

Beyond direct services, Montfort Care continued to contribute to a stronger and more integrated mental health ecosystem through collaborations with healthcare professionals, social service agencies, and educational institutions. From strengthening referral pathways and community-based care coordination to exploring innovative solutions with academic partners, these collaborations reinforced a collective approach to supporting individuals with mental health needs.

Honouring Seniors as Contributors

A particularly striking theme in our work with seniors this year was the intentional shift from seeing them as recipients of care to recognising them as active contributors and community leaders.

At Goodlife Studio (Tiong Bahru), seniors took centre stage as storytellers through the Voice Museum initiative, developed in collaboration with Mediacorp CAPITAL 958. Participants recorded personal audio memoirs reflecting on Singapore's transformation over the past six decades, preserving their lived experiences and life lessons for future generations. Their stories were brought to life alongside illustrations by Artist Ying and showcased in *Our Voices, Our Memories*, a public installation at Tiong Bahru MRT station. By bringing seniors' voices into a shared public space, the initiative celebrated their contributions to Singapore's collective memory, fostered intergenerational understanding, and invited thousands of commuters to pause, listen, and see the nation's history through the eyes of those who lived it.





Active ageing goes beyond staying healthy or socially connected. Throughout the year, seniors were empowered to give back to their communities, share their skills and experiences, and build meaningful connections across generations, demonstrating that purpose and contribution have no age limit.

This spirit of giving back came to life in many ways. At Goodlife Studio (Yishun Riverwalk), seniors volunteered at St Joseph's Home, spending time with peers in greater need and offering companionship through acts of service. At Goodlife Studio (Bukit Purmei), seniors showcased their woodworking craftsmanship at the SG60 Istana Open House, inspiring the public with a powerful demonstration of active ageing and lifelong learning. Meanwhile, Goodlife Studio (Bedok) created opportunities for wheelchair-bound seniors to connect with volunteers through a shared outing to the Singapore Oceanarium and a volunteer appreciation session, fostering meaningful relationships and conversations across generations.

In each of these moments, our seniors were not on the sidelines of community life. They were at the heart of it, teaching, performing, giving, and inspiring. It is a reminder that when we make space for seniors to lead, everyone around them is made richer for it.



Singapore and Beyond: Learning Across Borders

Our integrated approach to care attracted sustained interest both internationally and locally this year, creating opportunities for meaningful exchanges that enriched our practice while highlighting the work of our teams.

A landmark achievement this year was the signing of a Memorandum of Understanding with the Senior University of Shanghai, marking a new chapter in a partnership spanning nearly two decades. Anchored in a shared commitment to lifelong learning and healthy ageing, the collaboration creates new opportunities to exchange ideas, develop innovative approaches to senior engagement, and strengthen cross-cultural learning. As populations continue to age across the region, partnerships such as these reinforce our commitment to shaping the future of community-based eldercare through collaboration, innovation, and shared expertise.



Building on this milestone, MontfortCare continued to strengthen international partnerships through professional exchanges that fostered mutual learning and the sharing of best practices.



Throughout the year, we welcomed delegations from Taiwan and Thailand for exchanges on child protection, caregiving, and active ageing. These visits brought together social service practitioners, academics, and healthcare professionals to deepen cross-sector collaboration, exchange insights, and highlight our integrated approach to community-based care.

Our commitment to lifelong learning also extended to the people we serve. Through overseas learning journeys to Kuching, Shanghai, and Suzhou, our Caregiving and Goodlife teams created opportunities for seniors to broaden their horizons, build social connections, and embrace lifelong learning through cultural, educational, and wellness experiences.



Closer to home, Montfort Care also had the privilege of hosting senior government leaders, providing opportunities to share insights on emerging social issues and service delivery. Together, these exchanges, partnerships, and visits affirmed our role as a trusted platform for learning, collaboration, and innovation across Singapore and beyond.



SUSTAINABILITY IN ACTION

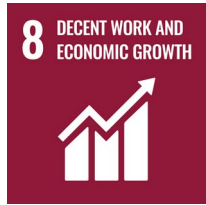
At Montfort Care, sustainability strengthens our ability to create lasting impact for the people and communities we serve. Guided by Environmental, Social and Governance (ESG) principles, we integrate responsible practices into the way we operate, develop our people, and deliver our services. Aligned with our 2026-2030 Strategy and guided by the United Nations Sustainable Development Goals (SDGs), we remain committed to creating positive impact through responsible stewardship, strong governance, and a people-centred workplace.



Environmental

Environmental sustainability is an ongoing journey at Montfort Care. Throughout the year, we encouraged staff and clients to adopt more sustainable habits through recycling and upcycling initiatives, responsible resource consumption, and regular environmental awareness efforts. Hybrid work arrangements, digital tools, and improved work processes also helped reduce commuting, lower energy consumption, and minimise unnecessary resource use. We will continue reviewing our practices and exploring greener alternatives across our operations.





Workplace Safety, Health and Well-being

Our people are central to the work we do. Throughout the year, we fostered a workplace where staff felt supported, connected, and empowered through more than 10 wellness and engagement initiatives. We also strengthened organisational capability through leadership development and learning programmes, with an average of 16 training hours per employee. Our 2025 Employee Engagement Survey achieved a 90% participation rate, while collaboration across teams received an 87% favourable score, reflecting a strong culture of teamwork and shared purpose.



Risk Management and Governance

In 2025, Montfort Care attained the Data Protection Trustmark (DPTM) Certification, reaffirming our commitment to responsible data governance and the protection of sensitive information. We continue to strengthen our governance framework through annual audits, mandatory staff training, ICT security measures, and incident response exercises to uphold high standards of accountability and organisational resilience. Looking ahead, we will continue reviewing our policies and practices to ensure ongoing regulatory compliance and maintain the trust of the communities we serve.

Together, these efforts strengthen the foundations that enable Montfort Care to serve our communities responsibly, sustainably, and with integrity.

Sustainable Development Goals:
<https://sdgs.un.org/goals>

THE YEAR AHEAD

As community needs continue to evolve, so too must the ways we support individuals and families. In the year ahead, Montfort Care will continue advancing initiatives that strengthen community well-being and resilience. By developing new spaces, deepening partnerships, and curating meaningful programmes, we are laying the groundwork to better support seniors, caregivers, and individuals facing mental health challenges.



Creating New Possibilities for Active Ageing

Goodlife Studio (Marine Parade MRT), developed in partnership with Lien Foundation, is steadily taking shape as an inclusive community space where seniors can explore new interests, build meaningful connections, and participate in engaging thematic experiences. As we prepare for its opening, our focus remains on engaging the community, strengthening partnerships, and curating programmes that reflect the diverse interests and aspirations of seniors.



Shaping a Community Hub for Mental Wellness

Preparations for Recharge are underway as we work towards establishing a dedicated community hub for mental wellness. Together with our partners, we will continue shaping the space and its future offerings to strengthen community-based support, promote mental well-being, and provide timely support for caregivers and individuals who need it.

HIGHLIGHTS



FINANCIAL SUMMARY

Balance Sheet (\$M)

TOTAL ASSETS



TOTAL LIABILITIES



NET ASSETS



FY23/24 Audited FY24/25 Audited FY25/26 Audited

Income & Expenditure (\$M)

INCOME



EXPENDITURE



NET SURPLUS



FY23/24 Audited FY24/25 Audited FY25/26 Audited

OUR FUNDERS



GOVERNANCE

Organisation Information

Description of Company

Montfort Care is a Public Company Limited by Guarantee registered with Accounting and Corporate Regulatory Authority ("ACRA") governed by its Constitution, Companies Act (Cap. 50) and the Charities Act 1994.

Name of Company

Montfort Care

Structure and Management Company Limited by Guarantee No.

200814118E

Charity Registration No.

002117

IPC No.

000638

Registered Address

Boys' Town
624 Upper Bukit Timah Road
S(678212)

Bankers

United Overseas Bank Ltd
Standard Chartered Bank
(Singapore) Ltd
BNP Paribas Singapore

Auditor

Nexia Singapore PAC

Company Secretary

AG Corporate Pte Ltd



BOARD AND COMMITTEES

The Board of Directors sets and regularly reviews the strategic direction, oversees governance, and ensures that the organisation achieves its objectives. The Directors guide and support the CEO and approve the annual budget.

Name	Appointments to Relevant Offices	Occupation	Board Meeting Attendance
Mr Teo Hong Lim	Board Chairman <i>(Since 1 Sep 2016)</i> Treasurer <i>(Since 30 Nov 2023)</i>	Executive Chairman & Chief Executive Officer, Roxy-Pacific Holdings Limited	3/4
Reverend Yeo Koh Tuan Kiok Dominic	Board Director <i>(Since 18 Jul 2008)</i>	Supervisor of Schools, St Gabriel's Foundation	3/4
Mr Ng Beng Teck Samuel, BBM	Board Director <i>(4 Feb 2014)</i> CEO <i>(18 Jul 2008 - 30 Sep 2025)</i>	Founder Advisor, Montfort Care	3/4
Ms Han Jing Xieng	Board Director <i>(Since 1 Oct 2024)</i>	Vice President & Head of Strategic Planning, City Energy	3/4
Mr Jonathan Peter Lau	Board Director <i>(Since 1 Apr 2024)</i>	Consultant, Chevron Corporation	4/4
Mr Lee Kim Hua	Board Director <i>(Since 1 Apr 2024)</i>	Senior Adviser PS Office, Ministry of Social and Family Development	4/4
Ms Chow Ling Charmaine Anne	Board Director <i>(Since 1 Sep 2019)</i> Board Director <i>(14 Oct 2008 - 31 Aug 2016)</i>	Head of Compliance, Etiqa Insurance Singapore	4/4

Name	Appointments to Relevant Offices	Occupation	Board Meeting Attendance
Dr Lam Meng Chon	Board Director <i>(Since 1 Dec 2025)</i>	Director, Manpower Standards & Development Division, Ministry of Health	1/1
Mr Houli Lee	Board Director <i>(Since 1 Dec 2025)</i>	Chief Financial Officer, Wah Hin & Company Pte Ltd	1/1
Mr Lim Ting Hong (Lin TingFang)	Board Director <i>(Since 1 Apr 2024)</i>	Director, National Cyber Threat Analysis Centre	2/4
Dr Sylvia Mun	Board Director <i>(Since 1 Dec 2025)</i>	Vice Dean (Academic), Singapore University of Social Sciences	1/1
Mr Tay Teck Shong Timothy	Board Director <i>(Since 1 Sep 2019)</i>	-	3/3
Dr Tan Weng Mooi	Board Director <i>(Since 1 Dec 2025)</i>	Director (Inhealth), MOH Office for Healthcare Transformation (MOHT)	1/1

Reasons for retaining governing board members who have served for more than 10 consecutive years:

The enduring tenure exceeding 10 years for both Reverend Dominic Yeo and Samuel Ng on our Board of Directors, is deeply rooted in their foundational roles as members to Montfort Care. As both members and directors, their dual roles serve as a bridge for the perspectives and accountability between members and the board, contributing to the continuity and resilience of our organisation. Reverend Dominic Yeo is also the spiritual director of Montfort Care.

APPOINTMENT/ NOMINATION COMMITTEE

Reverend Yeo Koh Tuan
Kiok Dominic | Chairman

Mr Teo Hong Lim

Mr Ng Beng Teck Samuel, BBM

AUDIT COMMITTEE

Ms Han Jing Xieng | Chairman

Mr Lim Ting Hong (Lin TingFang)

FUND-RAISING COMMITTEE

Ms Chow Ling Charmaine Anne

HUMAN RESOURCE COMMITTEE

Mr Jonathan Peter Lau | Chairman

Ms Chow Ling Charmaine Anne

PROGRAMMES AND SERVICES COMMITTEE

Mr Lee Kim Hua | Chairman

Mr Ng Beng Teck Samuel, BBM

LEADERSHIP TEAM

Ms Han Yah Yee

Chief Executive Officer

Ms Aileen Ng

Chief Strategy Officer

Mr Derrick Wong

Group Director

Mr Kevin See

Director, Integrated Family Service

Ms Jennie Wan

Director, Mental Health

Mr Donald Lee

Acting Head, Caregiving

Mr Koh Teck Chee

Senior Director, Human Resource

Ms Tan Lee San

Director, Finance

Mr Yap Zu Hui

Director, Strategy & Growth

Mr Andrew Tan

Deputy Director,
Governance and Technology Service



Conflict of Interest Policy

The Board has a Conflict of Interest Policy to assist in identifying and managing potential areas of conflict. All directors and key management personnel undertake to declare any situation of conflicts that may arise; they abstain from decision-making in such instances so as to allow a fair and transparent decision-making process.

Reserves Policy

The Board is prudent with funds and endeavours to ensure that all public money is spent and managed appropriately. Montfort Care has a reserve policy of not more than 2 years of its annual operating expenditure which will be reviewed annually by the Directors.

Communication Policy

Montfort Care has a documented communication policy on the release of information about the charity and its activities across all media platforms.

Board Members' Remuneration and Benefits

No Director receives remuneration for his/her service to the Board.

Paid Staff Who Are Close Members of the Family of the CEO or Board Members

There is no paid staff (employees) who are close members of the family of the CEO (i.e. Executive Director equivalent) or Board Directors, who receive more than \$50,000 during the year.

Our financial reports are also available on our website at <https://montfortcare.org.sg/annual-report/>.



SERVICE DIRECTORY

Anti-Violence

CHILD PROTECTION SPECIALIST CENTRE

📍 Blk 426 Bedok North Road #01-515
Singapore 460426

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✉ childprotection@montfortcare.org.sg

📍 Caritas Agape Village
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Singapore 319264

☎ +65 6445 0400

✉ childprotection@montfortcare.org.sg

Caregiving

JIAYOU - SENIOR & CAREGIVER HUB

📍 Chinatown Point
133 New Bridge Road #04-01 to 11
Singapore 059413

☎ +65 6399 1888

✉ inquiry@jiayou.org.sg

YOUNG-AT-HEART (YAH!)

📍 Chinatown Point
133 New Bridge Road #04-01 to 11
Singapore 059413

☎ +65 6445 0300

✉ contact@yah.org.sg



Eldercare

GOODLIFE AT HOME

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GOODLIFE STUDIO (TELOK BLANGAH TOWERS)

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✉ goodlifemakan@montfortcare.org.sg

GOODLIFE STUDIO (MARINE PARADE)

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Singapore 440015

☎ +65 8940 0579

✉ goodlifestudio.east@montfortcare.org.sg

GOODLIFE STUDIO (MARINE PARADE MRT)

📍 The Anchor @ Marine Parade
Marine Parade MRT, #B1-12
Next to Exit 6

✉ goodlifestudio.east@montfortcare.org.sg

GOODLIFE STUDIO (BEDOK)

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📍 Blk 609A Bedok Reservoir Road #01-1700
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☎ +65 8940 7231

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Eldercare

GOODLIFE STUDIO (TAMPINES 142)

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GOODLIFE STUDIO (YISHUN)

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GOODLIFE STUDIO (TAMPINES 235)

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GOODLIFE STUDIO (YISHUN RIVERWALK)

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Singapore 762333

☎ +65 9643 4032

✉ goodlifestudio.north@montfortcare.org.sg

GOODLIFE STUDIO (TAMPINES 251)

📍 Blk 251 Tampines Street 21 #01-458
Singapore 520251

☎ +65 9734 1870

✉ goodlifestudio.east@montfortcare.org.sg

Family Service

MONTFORT CARE FAMILY SERVICE (KRETA AYER)

📍 Kreta Ayer Community Centre
28A Kreta Ayer Road #01-03
Singapore 088995

☎ +65 6200 2111

✉ familyservice@montfortcare.org.sg

MONTFORT CARE FAMILY SERVICE (MARINE PARADE)

📍 Blk 53 Marine Terrace #01-227
Singapore 440053

☎ +65 6445 0100

✉ familyservice@montfortcare.org.sg

MONTFORT CARE FAMILY SERVICE (TELOK BLANGAH)

📍 Blk 27 Telok Blangah Way #01-1018
Singapore 090027

☎ +65 6270 8327

✉ familyservice@montfortcare.org.sg

Family Service

STRENGTHENING FAMILIES PROGRAMME (FAM)

📍 Blk 28 Telok Blangah Rise #01-219
Singapore 090028

☎ +65 6399 1800

✉ fam@montfortcare.org.sg

FAMILIES FOR LIFE @ COMMUNITY (FFL)

📍 Blk 28 Telok Blangah Rise #01-219
Singapore 090028

☎ +65 6399 1800

✉ ffl@montfortcare.org.sg

KIDSTART

📍 Chinatown Point
133 New Bridge Road #14-04/05
Singapore 059413

✉ ksa@montfortcare.org.sg

Mental Health

COMMUNITY INTERVENTION TEAM (COMIT) (HOUGANG)

📍 Blk 613A Bedok Reservoir Road #01-1364
Singapore 471613

☎ +65 6242 3309

✉ comit.hg@montfortcare.org.sg

COMMUNITY INTERVENTION TEAM (COMIT) (KRETA AYER)

📍 Chinatown Point
133 New Bridge Road #04-01 to 11
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☎ +65 9711 5240

✉ comit.ka@montfortcare.org.sg



Mental Health

COMMUNITY INTERVENTION TEAM (COMIT) (MARINE PARADE)

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☎ +65 6312 3988

✉ comit.mp@montfortcare.org.sg

COMMUNITY OUTREACH TEAM (CREST) (EAST)

📍 Blk 50 Marine Terrace #03-265
Singapore 440050

☎ +65 6702 0212

✉ crest.east@montfortcare.org.sg

📍 Blk 613B Bedok Reservoir Road #01-1376
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☎ +65 6312 3988

✉ crest.east@montfortcare.org.sg

POST DIAGNOSTIC SUPPORT (PDS)

📍 223@Mountbatten
223 Mountbatten Road #02-18
Singapore 398008

☎ +65 6242 3309

✉ crest.pds@montfortcare.org.sg

COMMUNITY INTERVENTION TEAM (COMIT) (BUKIT MERAH)

📍 Blk 28 Telok Blangah Rise #01-219
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☎ +65 6274 6904

✉ comit.bm@montfortcare.org.sg

COMMUNITY OUTREACH TEAM (CREST) (NORTH)

📍 Blk 838 Yishun Street 81 #01-322
Singapore 760838

☎ +65 6484 8040

✉ crest.north@montfortcare.org.sg

Corporate Office

📍 624 Upper Bukit Timah Road
Singapore 678212

☎ +65 6446 0300

✉ hello@montfortcare.org.sg

COMMUNITY INTERVENTION TEAM (COMIT) (YISHUN)

📍 Blk 838 Yishun Street 81 #01-322
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☎ +65 6484 8040

✉ comit.yis@montfortcare.org.sg

COMMUNITY OUTREACH TEAM (CREST) (SOUTH)

📍 Blk 108 Bukit Purmei Road #01-105
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☎ +65 6274 6904

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📍 223@Mountbatten
223 Mountbatten Road #02-18
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THOSE WHOM THE WORLD REJECTS MUST

MOVE YOU THE MOST

St Louis-Marie de Montfort